



Lord Sri Kalki School of Enlightenment

ENLIGHTENMENT ESCAPES - GYANDA (70 Hours per Week)

SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15 AM -7:15 AM	Pranayama & Meditation - Air	Pranayama & Meditation - Air	Pranayama & Meditation - Air	Pranayama & Meditation - Air	Pranayama & Meditation - Air	Pranayama & Meditation - Air	
7:30 AM -8:55 AM	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga	
9:00 AM - 10:00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
10:00 AM - 11:00 AM	Philosophy 1	Philosophy 5	Philosophy 9	Philosophy 13	Philosophy 17	Philosophy 21	
11:00 AM - 12:00 Noon	Philosophy 2	Philosophy 6	Philosophy 10	Philosophy 14	Philosophy 18	Philosophy 22	
12:00 Noon - 1:00 PM	Self - Study	Self - Study	Self - Study	Self - Study	Self - Study	Self - Study	H
1:00 PM - 2:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	O
2:00 PM - 3:00 PM	Rest / Self-Study	Rest / Self-Study	Rest / Self-Study	Rest / Self-Study	Rest / Self-Study	Rest / Self-Study	L
3:00 PM - 4:30 PM	Philosophy 3	Philosophy 7	Philosophy 11	Philosophy 15	Philosophy 19	Philosophy 23	I
4:30 PM - 5:30 PM	Restorative Yoga	Restorative Yoga	Restorative Yoga	Restorative Yoga	Restorative Yoga	Restorative Yoga	D
5:45 PM - 6:00 PM	Asthachal	Asthachal	Asthachal	Asthachal	Asthachal	Asthachal	A
6:00 PM - 7:00 PM	Philosophy 4	Philosophy 8	Philosophy 12	Philosophy 16	Philosophy 20	Philosophy 24	Y
7:00 PM - 8:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
8:00 PM - 9:00 PM	Satsang	Satsang	Satsang	Satsang	Satsang	Satsang	
9:00 PM - 9:45 PM	The Quest	The Quest	The Quest	The Quest	The Quest	The Quest	
9:45 PM Lights Out							

*Vegetarian Meals only.

*The schedule is subject to change

Duration: 100 Hours or 10 Days

Fees: Shared Bedroom (Rs. 50,000/-) for Indians and € 995 for International Participants.

Fees: Private Room (Rs, 60,000/-) for Indians and € 1095 for International Participants.

LESSON AND PRACTICE PLAN (100 Hours)

Philosophy 1	The Role of Enlightenment in Modern Society 1
Philosophy 2	The Role of Enlightenment in Modern Society 2
Philosophy 3	The Role of Enlightenment in Ancient Society 1
Philosophy 4	The Role of Enlightenment in Ancient Society 2
Philosophy 5	Bhava Swaroop
Philosophy 6	The seven Knowledge and the seven Ignorance Fields 1
Philosophy 7	The seven Knowledge and the seven Ignorance Fields 2
Philosophy 8	Tattva Gyan 1
Philosophy 9	Tattva Gyan 2
Philosophy 10	Shakti
Philosophy 11	Siddhis (Accomplishment of a seeker in the path of enlightenment)
Philosophy 12	Dharma 1
Philosophy 13	Dharma 2
Philosophy 14	Karma
Philosophy 15	Karmishrestha
Philosophy 16	The 33 Deities
Philosophy 17	Chaturdash Loka
Philosophy 18	Bhava Shuddhi
Philosophy 19	Yog Shakti
Philosophy 20	Kala of God
Philosophy 21	Mantra Shakti
Philosophy 22	Vairagya
Philosophy 23	Divine Attributes
Philosophy 24	Demonic Attributes
Philosophy 26	Gyan
Philosophy 27	Veda-Saar
Philosophy 28	Enlightenment 1
Philosophy 29	Enlightenment 2
Philosophy 30	Enlightenment 3
Philosophy 31	Chakra Peeth Shuddhi 1
Philosophy 32	Chakra Peeth Shuddhi 2